



Body Buster Fitness
1750 The Queensway, Suite 1250, Toronto, Ontario, Canada, M9C 5H5

Office: 416-619-4456 • Toll Free: 888-892-9596 • Fax: 416-628-8017
E-Mail: info@BodyBusterFitness.com
Website: www.BodyBusterFitness.com

New Member Enrollment Form

(One Time Submission)

Print and fill out this form in full. Return form via MAIL or FAX. You can also complete this form online.

First Name: _____ Last Name: _____

Address: _____

City: _____ Postal Code: _____

Home Phone: _____ Work Phone: _____

Cell Phone: _____ Date Of Birth: _____

Email: _____

Name Of Physician: _____ Physician's Phone: _____

Emergency Contact:

Name: _____ Relationship: _____

Phone: _____

General Questions

How did you hear of the Body Buster Fitness Boot Camp classes? _____

What are your fitness goals during Boot Camp? _____

Have you ever taken a Boot Camp class before? Yes No

If "YES" please explain. _____

Are you currently involved in any physical activity? Yes No

If "YES" please explain. _____

Rate your fitness level from 1 to 10 (10 being very fit!): 1 2 3 4 5 6 7 8 9 10



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Health Questions

Do you have any past/present injuries? Yes No

If "yes", please explain

Do you know of any reason why you should NOT do physical activity? (i.e. pregnancy) Yes No

If "yes", please explain

Do you have a heart condition or other condition that may cause challenges while doing physical fitness activities? Yes No

If "yes", please explain

Do you have any of the following?

- | | | | |
|------------------------------------|---------------------------------------|-------------------------------------|---|
| <input type="checkbox"/> Anemia | <input type="checkbox"/> Hypertension | <input type="checkbox"/> Joint Pain | <input type="checkbox"/> Epilepsy |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Back Pain | <input type="checkbox"/> Recent Surgeries |
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Cancer | <input type="checkbox"/> Neck Pain | |

If "yes" to any of the above, please explain:

Please list any current medications you are taking:

- Please note that it is a good idea to consult your physician before starting any new fitness program. Be sure to pace yourself in regards to your current fitness level and remember to have fun!
- It is also a good idea to ensure that you are getting an adequate amount of water especially when adding fitness into your daily lifestyle.

**We look forward to seeing you at the next
Body Buster Fitness Boot Camp Class!
www.BodyBusterFitness.com**



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Choose Your Starting Session

<input type="checkbox"/> Sept 15 - Oct 10, 2008	<input type="checkbox"/> Oct 20 - Nov 14, 2008	<input type="checkbox"/> Nov 24 - Dec 19, 2008
<input type="checkbox"/> Jan 5 - Jan 30, 2009	<input type="checkbox"/> Feb 9 - Mar 6, 2009	<input type="checkbox"/> Mar 16 - Apr 10, 2009
<input type="checkbox"/> Apr 20 - May 15, 2009	<input type="checkbox"/> May 25 - Jun 19, 2009	<input type="checkbox"/> July 29 - Jul 24, 2009

Choose Your Class - Two Days Per Week

Etobicoke Central St. Wilfrid's Church 1315 Kipling Ave, Etobicoke	<input type="checkbox"/> 6:00AM - Tue, Thu <input type="checkbox"/> 6:15PM - Tue, Thu <input type="checkbox"/> 7:30PM - Tue, Thu	<p>Single Session Membership <input type="checkbox"/> \$155 + GST (\$7.75) = \$162.75</p> <p>Three (3) Consecutive Sessions <input type="checkbox"/> \$140 + GST (\$7.00) = \$147.00 / session (\$45 total savings!)</p> <p>Six (6) Consecutive Sessions <input type="checkbox"/> \$130 + GST (\$6.50) = \$136.50 / session (\$150 total savings!!)</p> <p>Ten (10) Consecutive Sessions <input type="checkbox"/> \$120 + GST (\$6.00) = \$126.00 / session (\$350 total savings!!!)</p>
Etobicoke South Franklin Horner Community Centre 432 Horner Avenue, Etobicoke	<input type="checkbox"/> 6:00AM - Mon, Wed <input type="checkbox"/> 6:00AM - Mon, Fri <input type="checkbox"/> 6:00AM - Wed, Fri <input type="checkbox"/> 7:00AM - Mon, Wed <input type="checkbox"/> 7:00AM - Mon, Fri <input type="checkbox"/> 7:00AM - Wed, Fri <input type="checkbox"/> 6:30PM - Mon, Wed <input type="checkbox"/> 6:30PM - Mon, Fri <input type="checkbox"/> 6:30PM - Wed, Fri	
High Park Bloor St W & High Park Ave Entrance	<input type="checkbox"/> 6:00AM - Wed, Fri <input type="checkbox"/> 6:30PM - Mon, Wed <input type="checkbox"/> 7:00PM - Tue, Thu <input type="checkbox"/> 7:30PM - Mon, Wed	

Choose Your Class - Three Days Per Week

Etobicoke South Franklin Horner Community Centre 432 Horner Avenue, Etobicoke	<input type="checkbox"/> 6:00AM - Mon, Wed, Fri <input type="checkbox"/> 7:00AM - Mon, Wed, Fri <input type="checkbox"/> 6:30PM - Mon, Wed, Fri	<p>Single Session Membership <input type="checkbox"/> \$215 + GST (\$10.75) = \$225.75</p> <p>Three (3) Consecutive Sessions <input type="checkbox"/> \$195 + GST (\$9.75) = \$204.75 / session (\$60 total savings!)</p> <p>Six (6) Consecutive Sessions <input type="checkbox"/> \$180 + GST (\$9.00) = \$189.00 / session (\$210 total savings!!)</p> <p>Ten (10) Consecutive Sessions <input type="checkbox"/> \$170 + GST (\$8.50) = \$178.50 / session (\$450 total savings!!!)</p>
High Park Bloor St W & High Park Ave Entrance	<input type="checkbox"/> 6:30PM - Mon, Wed, Fri <input type="checkbox"/> 7:30PM - Mon, Wed + 6:30PM - Fri	



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Customize Your Membership (single session only)

Two (2) Days Per Week	Three (3) Days Per Week	Four (4) Days Per Week	Five (5) Days Per Week
<input type="checkbox"/> \$175 + GST (\$8.75) = \$183.75	<input type="checkbox"/> \$235 + GST (\$11.75) = \$246.75	<input type="checkbox"/> \$260 + GST (\$13.00) = \$273.00	<input type="checkbox"/> \$280 + GST (\$14.00) = \$294.00

Customize Your Schedule (choose two, three, or five classes from a minimum two locations)

	Mon	Tue	Wed	Thu	Fri
Etobicoke Central		<input type="checkbox"/> 6:00AM <input type="checkbox"/> 6:15PM <input type="checkbox"/> 7:30PM		<input type="checkbox"/> 6:00AM <input type="checkbox"/> 6:15PM <input type="checkbox"/> 7:30PM	
Etobicoke South	<input type="checkbox"/> 6:00AM <input type="checkbox"/> 7:00AM <input type="checkbox"/> 6:30PM		<input type="checkbox"/> 6:00AM <input type="checkbox"/> 7:00AM <input type="checkbox"/> 6:30PM		<input type="checkbox"/> 6:00AM <input type="checkbox"/> 7:00AM <input type="checkbox"/> 6:30PM
High Park / Bloor West	<input type="checkbox"/> 6:30PM <input type="checkbox"/> 7:30PM	<input type="checkbox"/> 7:00PM	<input type="checkbox"/> 6:00AM <input type="checkbox"/> 6:30PM <input type="checkbox"/> 7:30PM	<input type="checkbox"/> 7:00PM	<input type="checkbox"/> 6:00AM

Promotions (list your friends below)

<input type="checkbox"/> Sign up with some friends, and earn discounts, credits, and extra classes!	1.	
	2.	
	3.	
	4.	
	5.	



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Fitness Equipment

Equipment needed: Yoga Mat, Exercise Ball, and Hand Weights (we suggest 5 lbs for women and 7lbs for men). These items may be purchased by Body Buster Fitness.

5lbs Hand Weights - 2 x \$7.50 + tax

8lbs Hand Weights - 2 x \$10.00 + tax

Exercise Ball 55cm - \$22.50 + tax

Exercise Ball 65cm - \$22.50 + tax

Exercise Ball 75cm - \$22.50 + tax

Manual Ball Pump - \$4 + tax

Exercise Mat - \$22.50 + tax

Exercise Mat Mesh Carrying Bag - \$10 + tax

Boot Camp Fitness Equipment Bundle

5lbs Bundle - \$55 + tax (16.5% savings)

5lbs Hand Weights

Exercise Mat

Exercise Ball

8lbs Bundle - \$60 + tax (16.5% savings)

8lbs Hand Weights

Exercise Mat

Exercise Ball

Body Buster Fitness Clothing

Choose	Colour	Size
<input type="checkbox"/> Woman's T-Shirt \$19.99 + tax	<input type="checkbox"/> White <input type="checkbox"/> Grey <input type="checkbox"/> Black	<input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL
<input type="checkbox"/> Men's T-Shirt \$19.99 + tax		<input type="checkbox"/> 2XL <input type="checkbox"/> 3XL <input type="checkbox"/> 4XL
<input type="checkbox"/> Woman's Fitted T-Shirt \$24.99 + tax <input type="checkbox"/> Woman's Tank Top \$19.99 + tax	<input type="checkbox"/> White <input type="checkbox"/> Grey <input type="checkbox"/> Black	<input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL
<input type="checkbox"/> Hat (Cap) \$17.99 + tax	<input type="checkbox"/> Black	<input type="checkbox"/> One Size Fits All

A receipt will be sent to your email address.

Any equipment or clothing ordered will be delivered at your first fitness Boot Camp class.



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Payment Information

Visa Mastercard American Express Discover Cash Cheque Money Order

A receipt will be sent to your e-mail address. Make cheques and money orders payable to Body Buster Inc.

A credit card number is required to hold your reservation. You do NOT have to pay using this card.

Credit Card #		Expiry	
Name On Card		CSC or CVN# (required)	

REQUIRED: For safety and security, Internet Secure requires your card's CSC or CVN verification number. The verification number is a 3 or 4 digit number printed on the back of your card to the right of your card number. The American Express security code is a 4 digit number printed on the front, to the right, and above your card number.

Signature

Body Buster Fitness Boot Camp Waiver / Liability Form

- I understand that my absent days are not carried forward to another Boot Camp session but I may make them up during the same session but at an alternate time. Limited to two makeup classes per session based on Body Buster approval.
- I understand that there may be photos / video footage taken that may be used for marketing / advertising.
- I understand that there are no refunds but I may carry over my contract with a note from a physician stating if I am no longer able to continue the Body Buster Fitness Boot Camp program with the notion that I would return when the physician sees appropriate.
- I understand that all activities involved with the Body Buster Fitness Boot Camp program may be an extreme challenge to my physical and mental abilities. I hereby certify that I am fit to participate in any and all such activities and that such determination has been made by a qualified medical professional.
- I understand that activities involved in the fitness program carry with them the potential of harm to myself, my property, loss or damage to my possessions, bodily injury and death. I hereby certify that I understand and accept all risks associated with my participation in Body Buster Fitness Boot Camp and agree to hold harmless it's management, staff, or associated person(s) and/or entities from and against any and all liability for any harm to myself or my property that may arise from my participation in this program.
- I understand that I must be aware of my physical conditions/limits and that there are risks associated with fitness training activities. Also, I understand that I am encouraged to get a regular medical examination prior to participating in the Fitness Boot Camp program.
- The schedule, location, or content of workouts may be changed on occasion due to circumstances beyond the control of Body Buster Fitness.
- Body Buster Fitness Boot Camp membership payments are non-refundable.
- I understand that if I decide not to take this Body Buster Fitness Boot Camp Program my credit card provided will be charged a \$50 cancellation fee.
- By Signing below, I certify that I have read and fully understand the above waiver, liability, and policy form and fully agree to abide by the conditions and terms stated above.

Name:

Date:

Signature:

Parent / Guardian Signature:

(if between ages 16-18 yrs)
